

# Movement Perspectives™

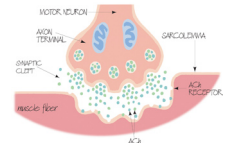
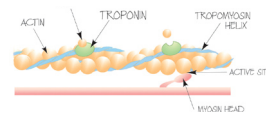
## Jennifer Stacey's Peak Performance Pilates' Education Program Teaching Manual. volume 1.

by Jennifer Stacey, M.S.

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Illustrations by: Lauren McMullen. Photographs by: Jennifer Stacey, M.S.

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